

# Good Spring Farm

Karen Davidge  
Keswick Ridge, New Brunswick

Karen and her husband Brock have been involved in organic food production since 1970. They operate the "Good Spring Farm" located in Keswick Ridge, New Brunswick, near Fredericton. This certified organic mixed farm produces mixed vegetables, small fruits, and tree fruits. They are also involved with breeding, hatching and growing certified organic chickens and eggs. Most of their sales are through the Fredericton Boyce Farmers Market in Fredericton.

In 1987, with organic certification available for the first time in Atlantic Canada, Good Spring Farm was one of the first six farms certified. Karen is presently on the ACORN board of directors.

Over the last 24 years, Good Spring Farm's consumers have learned to appreciate the many varieties of potatoes as well as their various uses. To meet the continually increasing demand, they now produce 3 1/2 acres of potatoes and at least 12 varieties of both CFIA certified seed, and OCIA certified organic seed for each year. Variety trials are conducted each year.